

Holy Innocents Speaker Series Presents:

The Link Between Mental Health and Substance Misuse/Addiction: CODA (Co-Occurring Disorders Awareness)

What comes first? Substance misuse or mental health challenges?

Undiagnosed/untreated mental health disorders can lead to self-medicating with substances and substance use while the brain is still developing can lead to co-occurring disorders (COD). With approximately 10.2 million Americans meeting the criteria, the diagnosis of COD is one we all need to understand. Early recognition and treatment can be the difference between a path of addiction, isolation and long-term emotional challenges - - or a path of wellness meaningful relationships and emotional well-being.

When: Sunday, April, 22, 2018 at 7:30pm

Where: Holy Innocents Social Hall
431 Bedford Road
Pleasantville, NY

Guest Speaker: Stephanie Marquesano, JD



Stephanie Marquesano's 19 year old son, Harris, died by accidental overdose in 2013. She founded the Harris Project, a 501(c) (3) non-profit organization, to advance prevention programming and advocate for the implementation of integrated treatment opportunities to improve the lives of teens and young adults diagnosed with co-occurring disorders.

Stephanie is an attorney, board member of the NYS Regional Planning Consortium, co-chair of the Westchester County Department of Community Mental Health Co-Occurring System Care Committee, and serves on many Westchester and regional committees, bringing her perspective to this critical topic. CODA is the Harris Project's innovative peer-driven prevention program empowering youth to become positive decision makers, seek early intervention, support friends/peers, and connect to resources.