

**Liturgy Notes for
The 18th Sunday in Ordinary Times**

July 31, 2022

In the first reading Qoheleth recognizes the vanity of laboring, toiling, and acquiring. It is an expression of what life would be like apart from the presence of God. Sorrow, grief, and restlessness would seem to be all there is. On the other hand, Jesus teaches us to be “rich in what matters to God.” What does matter to God? That we number our days aright and grow in wisdom of heart. We do not have to do that on our own, for we receive those graces at baptism, by which we have died and our life is hidden with Christ in God. Life’s richness, then, consists in seeking the One who is above, and claiming the new self that we receive through him, for Christ is all. Our treasure lies in claiming Christ our life, who has appeared. (Magnificat)

Entrance Antiphon

O God, come to my assistance; O Lord, make haste to help me! / You are my rescuer, my help;
O Lord, do not delay.

Collect (Opening Prayer)

Draw near to your servants, O Lord, and answer their prayers with unceasing kindness, that, for those who glory in you as their Creator and guide, you may restore what you have created and keep safe what you have restored. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

Communion Antiphon

I am the bread of life, says the Lord; whoever comes to me will not hunger and whoever believes in me will not thirst.