

Eucharistic/Mass Facts of the Week Second Grade, Class 6 A Loaf of Bread

Name:	Your Day & Catechist:	



This week, we learned that a loaf of bread is another symbol of the Holy Eucharist.

Bread nourishes our bodies, giving them the energy they need to work properly.

The Holy Eucharist nourishes our souls, helping us grow closer to God and to become holy.

Father/Guardian Signature	_
Mother/Guardian Signature	_

When we pray the Holy, Holy, Holy it is a heavenly wake-up call or a celestial (angelic) announcement to both priest and the faithful about where we are and what we are being called into! When you pray this prayer at Mass remember you are praying that prayer to GOD!! Imagine Him hearing you!! And pray from the heart! What word stood out to you during this prayer? How did it make you feel differently this time knowing this?

When you approach Father to receive your blessing during Holy Communion think about how special this time of preparation is! When you sit back down, pray your prayer!!

A Child's Act of Spiritual Communion



Here's your prayer for after going up for your blessing after Communion.

How did Mass nourish you today?