

Eucharistic Treasures

Eucharistic/Mass Facts of the Week

Seventh Grade, Class 6

St. Francis de Sales

Name: _____ Your Day & Catechist: _____



This week, we learned about a Eucharistic quote from St. Francis de Sales: "When you have received Him, stir up your heart to do Him homage; speak to Him about your spiritual life, gazing upon Him in your soul where He is present for your happiness; welcome Him as warmly as possible, and behave outwardly in such a way that your actions may give proof to all of His Presence." St. Francis de Sales teaches us to be attentive to God's presence when we receive Him in Holy Communion and act in such a way that others will feel His presence within us.

Father/Guardian Signature _____

Mother/Guardian Signature _____

SUNDAY REFLECTION:

Look up the word homage. Write down the definition.

When you are at mass, reflect on the meaning you researched. Write down some of the examples of homage you witnessed at mass.